

Migraine and Chronic Headache Worksheet

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician finds the condition stable on current regimen and no changes recommended	☐ Yes
Acceptable Types of Migraine or Headache	☐ Classic/Common Migraine, Chronic Tension headache, Cluster headache NOT acceptable: Ocular migraine, complicated migraine
Frequency	☐ No more than one episode per month
Symptoms	☐ Only mild symptoms controlled with medication(s) listed below. ☐ In the last year: - no in-patient hospitalizations - no more than 2 outpatient clinic/urgent care visits for exacerbations (with symptoms fully resolved) NOT acceptable: neurological or TIA-type symptoms; vertigo; syncope; and/or mental status change
Medications - Preventive	☐ None; or daily calcium channel blockers or beta blockers only for prophylaxis without side effects
Medications - Abortive	☐ OTC headache medications; warn airman: 24 hour no-fly - Triptans 36 hour no-fly - Metoclopramide (Reglan); 96 hour no-fly - promethazine (Phenergan) NOT acceptable: Injectable medications and narcotics

AME MUST NOTE in Block 60 one of the following:

☐ Airman meets certification criteria for migraine and chronic headaches.

☐ Airman had a previous Special Issuance for this condition and now meets the regular issuance certification criteria for migraine and chronic headache.

☐ Airman does NOT meet certification criteria for migraine and chronic headaches. I have deferred this exam. (Mail the supporting documents to FAA identifying which criteria were not met.)